Important
Letter from Mr. Gil Bernardino
Founder and President, Board of Trustees

December 13, 2019

Dear Parents and Students,

Please read this letter. It is very important.

First:

Thank you for the letters you have written in support of having a high school, we hope we will be approved to have a high school starting with the 9th grade this fall.

Second:

1. Evergreen Nutrition Guidelines/Requirements must be respected and followed by parents and students.
2. It is absolutely prohibited to bring food and beverages to the school that do not meet the health and nutrition standards we have set.
3. Please see the list of foods and beverages in the bulletin sent home with your children last week.
4. Also you will find in the bulletin the guidelines regarding lunches brought to our school.

Water bottles:

- The Board of Trustees approved last night to allow students to bring ONLY REUSABLE TRANSPARENT OR CLEAR BOTTLES.
- ONLY WATER CAN BE BROUGHT IN THE BOTTLES.

- From the beginning of our history at Evergreen we have always believed that **NUTRITION IS FUNDAMENTAL TO LEARNING AND FOR A HEALTHY BODY AND MIND.**

- We are investing hundreds of thousands of dollars to cook fresh, healthy food every day for your children to support a healthy body and a healthy mind.

- We expect our parents to do the same for their children.

- Although we cannot tell parents what to eat at home, that is your right, however, it is our right at Evergreen to make decisions of what we feed to our students to the best of our knowledge for their benefit.

- This is Evergreen, a school where we believe in good nutrition; we believe in teaching languages to our student; we believe in music and art; we believe in providing information to our students of importance of respecting each other, respecting the resources of our planet and our communities.

- All parents, students, teachers, administrators, and employees at Evergreen MUST RESPECT and enforce our philosophy when you are in our school.

- Different schools, public and private, have their own beliefs, guidelines and requirements. We have our own.

- Other schools feed the children with pre-cooked foods full of sodium and sugar that cost much, much less than the fresh food that we prepare at Evergreen.

  WE DON'T BELIEVE IN FEEDING THAT KIND OF FOOD TO YOUR CHILDREN.

  All of us have a moral responsibility of working towards a healthy community through quality nutrition.

  I hope you will cooperate and be part of our thinking at Evergreen:

  A HEALTHY BODY AND A HEALTHY MIND.

  Regards,

  Gil Bernardino
  Founder and President Board of Trustees